

Module 1 Quiz

Please choose the best answer.

1. Your body “conspired” to have you fall in love by producing powerful chemicals.
 - A. True
 - B. False

2. How can you identify your priorities?
 - A. It’s the reason I make money.
 - B. It’s where I spend most of my time.
 - C. It’s who or what I think about the most.
 - D. All the above

3. What is a ritual which can keep your relationship exciting?
 - A. Going to work
 - B. Having a night out with your friends
 - C. Saying why you love your spouse
 - D. Tracking dirt through the house

4. Why is it important to plan who does chores?
 - A. To ensure that they get done
 - B. To prevent resentment
 - C. It’s easier to know who does what.
 - D. All the above

5. What causes a little problem to become a major problem?
- A. They're looking at an orangutan rather than an elephant.
 - B. Past hurts are triggered.
 - C. There's no way to keep that from happening.
 - D. One is always worried about the other.
6. Keeping my word to my spouse is a sign of respect.
- A. True
 - B. False
7. What one thing is a reason to leave a relationship quickly?
- A. The cap was left off the toothpaste.
 - B. They did the crossword puzzle before you.
 - C. Physical violence or threats of physical violence
 - D. They didn't remember to pick up the cookies.
8. It's important to continually compare your relationship with others.
- A. True
 - B. False
9. What is not part of the Johari Window?
- A. Glass sealant

- B. What I don't know about myself
- C. What I don't know, and others don't know about myself
- D. What others know about me that I don't know

10. Only women go through developmental stages.

- A. True
- B. False

Answer Key

- 1. A
- 2. D
- 3. C
- 4. D
- 5. B
- 6. A
- 7. C
- 8. B
- 9. A
- 10. B